

BECOME A POSITIVE SOLUTIONS FOR FAMILIES (PSF) FACILITATOR



Facilitators can provide groups for family members grounded in the Pyramid Model curriculum – giving families access to the same strategies to support and understand social emotional needs that their children’s educators have.

How to become a facilitator:

Step 1: Fill out the [Application](#)

Step 2: View the 1.5 hours of prep videos on your own time.

Step 3: Participate in the [virtual](#) Facilitator Training offered on December 7th.

Step 4: Participate in 6-months of group coaching to learn from your peers as you start your first PSF group.

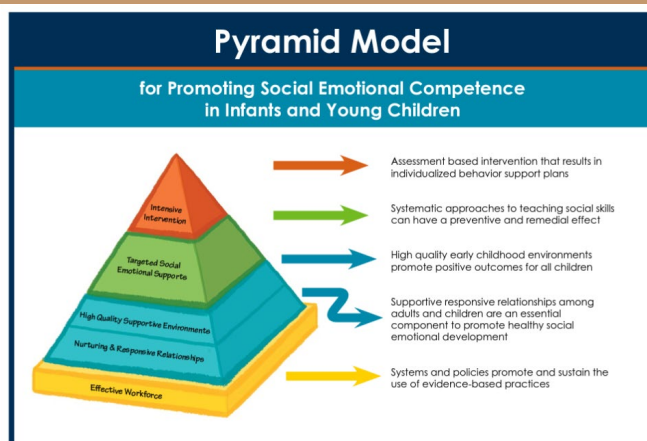
Application Deadline: November 15th, 2023

Training Date: Thursday, December 7th

10:00 AM – 2:30 PM (*virtual*)

[Click here to access
the Application!](#)

What is a Positive Solutions for Families Group?



The Positive Solutions for Families (PSF) curriculum is derived from the Pyramid Model for Social Emotional Competence framework and is intended for use with caregiving groups to provide caregivers with information on their child's social emotional development and things they can do to set their children up for success.

The Pyramid Model for Social Emotional Competence is a public health framework for addressing social emotional needs of all children that supports families and providers in building relationships and supportive

environments for all children, targeted teaching of social emotional skills to children who need it, and intensive individualized interventions for children with challenging behavior. To learn more visit [Maryland Pyramid Model](#).

What Will Participants in the Facilitator's Training Gain?

Participants in this facilitator's training will gain an understanding of the material, learn key strategies for facilitating family groups and engaging adult learners and will have the opportunity to practice their skills with their colleagues. Participants will be asked to complete a series of videos prior to the training date to become familiar with the content and they will participate in a coaching collaborative following the initial training to support the delivery of their first PSF group.

After participating in both the pre-work and training, facilitators will be able to:

1. Summarize key concepts from each of the six PSF modules.
2. List key considerations for facilitating a PSF group.
3. Give examples of how to employ principles of adult learning in their facilitation of family groups.
4. Demonstrate their ability to facilitate a PSF group through role playing a section of the curriculum with a partner.

Following the training participants have the unique opportunity to receive group coaching with their peers and UMB staff to support their implementation of Positive Solutions for Families parenting groups. The coaching will occur over the span of six months.